

235 Rock Road Glen Rock, NJ 07452
201-444-4445
www.merveskb.com
Text your order to 201-639-1770



Tuesday - Friday 7:00 am - 6:30 pm
Saturday - Sunday 8:00 am - 3:00 pm
Monday: Closed
Use #ImAtMerves at Facebook or Instagram,
Get %10 off of your bill

Breakfast Sandwiches / Wraps

- ✓ BUTTER ROLL \$ 2.45
- ✓ TOASTED ROLL W/ CREAM CHEESE & TOMATO \$ 3.75
- ✓ ONION, PEPPER, EGG & CHEESE ON ROLL / WRAP \$ 4.75
- HAM, EGG & CHEESE ON A ROLL / WRAP \$ 5.25
- ✓ EGG & CHEESE ON A ROLL / WRAP \$ 4.25
- ✓ TOASTED ROLL WITH CREAM CHEESE \$ 3.25
- (TURKEY) BACON, EGG & CHEESE ON ROLL / WRAP \$ 5.25
- ✓ EGG WHITES AND AVOCADO ON WHOLE WHEAT BREAD \$ 6.25

Fresh Out of Oven

- BOUREK \$ 4.25
- ✓ APPLE TURNOVER \$ 2.75
- ~ Simit (pronounced as Smith) ~
- ✓ PLAIN SIMIT (SMITH) \$ 3.00
- ✓ SIMIT WITH FETA CHEESE AND TOMATO \$ 4.25
- ✓ SIMIT WITH CREAM CHEESE \$ 3.95
- SIMIT WITH BEEF SAUSAGE AND MELTED MOZZARELLA \$ 6.25
- ~ Croissants ~
- ✓ PLAIN BUTTER CROISSANT \$ 2.75
- BACON, EGG & CHEESE ON A CROISSANT \$ 6.25
- ✓ CHOCOLATE CROISSANT \$ 2.75
- HAM & CHEESE ON A CROISSANT \$ 6.25
- ✓ EGG & CHEESE ON A CROISSANT \$ 5.25
- ✓ ONION, PEPPER, EGG & CHEESE ON CROISSANT \$ 5.75

Fit Options

- ✓ WARM OATMEAL \$ 5.75
Oatmeal, banana, cinnamon with skim milk (est. 5 points)
- Gf ✓ YOGURT WITH CHIA SEEDS AND FRESH FRUIT \$ 5.75
(est. 4 points)

Break a Few Eggs

- ✓ GOOD MORNING SUNSHINE \$ 6.25
Two Scrambled or Sunny side up eggs with whole wheat toast, homemade jam, home fries

Omelettes

* 3 eggs, whole wheat toast, homemade jam, home fries *

- ✓ THE PLAIN \$ 6.95
- ✓ THE MEDITERRANEAN \$ 7.95
Feta Cheese, Tomato, Green Peppers
- ✓ THE CHEESY \$ 7.95
Mozzarella, Feta, Cheddar
- ✓ THE POPEYE \$ 7.95
Spinach and Mozzarella
- ✓ THE DELICIOSO \$ 7.95
Potato, Onion, Pepper
- THE SEUSS \$ 7.95
Ham and Cheese
- ✓ THE SNOW WHITE \$ 9.75
Egg whites, mushroom, mozzarella
- THE BALBOA OMELETTE \$ 9.75
Beef Sausage and Melted Mozzarella

Pancakes

- ✓ STACKED PANCAKES \$ 8.95
Tower of four pancakes with maple syrup and butter
- ✓ APRICOT AND FIG PANCAKE \$ 9.95
- ✓ CHOCOLATE CHIP PANCAKES \$ 9.95
- THE NEWYORKER \$ 10.95
2 pancakes, 2 scrambled eggs and 3 slices of bacon OR turkey bacon

✓ MEDITERRANEAN BREAKFAST \$ 14.95

Fried egg in toast, tomato, cucumber, peppers, butter, homemade jams, kashkaval & feta cheese, olives, dried figs and apricots

EMPANADAS \$3.50 EACH OR 3 FOR \$10

Home-made Empanadas! Beef, Pulled Chicken, Vegetable or Pizza
Sauces: Chimichurri, Pink Sauce Or Extra Spicy Red Sauce

Republic of Grilled Cheese

- ✓ GRILLED CHEESE \$ 4.25
- HAM AND GRILLED CHEESE \$ 6.95
- ✓ CAPRESE GRILLED CHEESE \$ 6.25
Fresh Mozzarella / Tomato / Basil

- ✓ LIGHT WEIGHT TOAST \$ 5.25
Feta cheese, tomato, oregano & olive oil drizzle
- TURKEY BACON & AVOCADO GRILLED CHEESE \$ 6.95
- ✓ GRILLED CHEESE W / TOMATO \$ 4.75

Quinoa Bowls

- Gf ✓ MEDITERRANEAN QUINOA BOWL \$ 10.75
Quinoa, babaganush, roasted red peppers, hummus, corn, falafel (est. 8 points)
- Gf ✓ CHICK'S QUINOA BOWL \$ 10.75
Quinoa, grilled chicken, spinach, corn, grilled veggies (est. 7 points)
- Gf ✓ BREAKFAST FOREVER QUINOA BOWL \$ 10.75
Quinoa, two eggs (any style), tomatoes, spinach, roasted peppers, avocado (est. 7 points)

- Gf ✓ VEGETERIAN QUINOA BOWL \$ 10.75
Quinoa, grilled "green-orange-red" peppers, zucchini, mushrooms, chickpeas, avocado with shredded mozzarella (est. 8 points)
- MEATBALL LOVER'S QUINOA BOWL \$ 10.75
Quinoa, grilled Turkish meatballs, tomatoes, cucumber, lettuce, yogurt (est. 12 points)
- Gf ✓ TUNA SALAD QUINOA BOWL \$ 10.75
Tuna, quinoa, corn, tomato, avocado, lettuce (est. 7 points)

Sandwiches

- *Please pick your bread: Hero, Kaiser Roll, Pita or Wrap*
- CLASSIC TUNA SANDWICH \$ 6.25
Classic deliciousness with mayo, salt and pepper on a roll! You can add lettuce, tomato, avocado, bacon, etc.. optional. Just sayin' :)
 - ✓ AVOCADO LOVE \$ 8.95
Avocado, spinach, tomato, fresh mozzarella, basil vinaigrette
 - CHEESY CHICKEN SANDWICH \$ 8.95
Grilled chicken (dark meat - just because it tastes better) with melted cheese, lettuce, tomato
 - PASTRAMI SANDWICH \$ 8.95
Perfection of grilled pastrami with melted mozzarella
 - BLT ON A ROLL \$ 5.75
Bacon or turkey bacon, lettuce, tomato on a roll. Plain and simple, yet delicious.
 - ✓ FALAFEL SANDWICH \$ 8.95
Falafel, lettuce, tomato, basil, sun dried tomato, hummus, tahini and tzatziki sauce
 - MEATBALL SANDWICH \$ 9.25
Turkish meatballs with lettuce, tomato and mayo
 - ✓ GRILLED VEGGIE SANDWICH \$ 8.95
Fresh grilled veggies with babaganush spread, lettuce, tomato

Salads

- Gf ✓ MEDITERRANEAN \$ 9.75
Feta cheese, tomato, cucumber, pepper, basil, olives, roasted red peppers, oregano. Sauce: Olive oil, balsamic, & pomegranate sauce. (est. 3 points)
- Gf ✓ HALLOUMI \$ 9.75
Grilled halloumi cheese, tomatoes, sun dried tomatoes, dried figs & apricots. Sauce: Olive oil & balsamic (est. 10 points)
- Gf ✓ FALAFEL \$ 9.75
Tomato, sun dried tomato, basil, Gluten Free falafels, olives, hummus. Sauce: Tahini & tzatziki sauce (est. 12 points)
- Gf ✓ "SUPER" SALAD \$ 9.75
Avocado, quinoa, corn, tomatoes, chickpeas, shredded mozzarella. Sauce: Pesto vinaigrette. (est. 5 points)
- Gf "CHICK FROM THE SOUTHWEST" \$ 9.75
Grilled chicken (dark meat - just because it tastes better), avocado, corn, black beans, shredded cheddar cheese. Mustard-lemon dressing (est. 6 points)
- Gf ✓ WINTER SALAD \$ 9.75
Spinach, romaine lettuce, roasted beets, orange, walnut, cranberries, feta cheese with balsamic vinegar and olive oil

Kiddos (up to age 10)

- ✓ GRILLED CHEESE \$ 4.25
- ✓ ONE EGG AND A TOAST \$ 3.75
- * Meal + juice *
- ✓ TWO PANCAKES \$ 4.95
- ✓ MAC & CHEESE \$ 5.95

Heart Warmers

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|---------------------------------------|---------------------------------------|-------------------------------|
| TURKISH COFFEE \$2.50 / \$4.95 | CAPPUCINO \$3.25 / \$4.25 | CAFÉ LATTE \$3.25 / \$4.25 |
| FILTER COFFEE 12 OZ \$1.87 / \$1.00 R | FILTER COFFEE 16 OZ \$2.25 / \$1.25 R | SPECIALTY TEA \$2.25 / \$2.75 |
| MATCHA LATTE \$ 4.25 / 5.25 | CARAMEL MACCHIATO \$ 3.95 / 4.95 | MOCHA \$3.95 / \$4.95 |
| AMERICANO \$ 3.25 | HOT CHOCOLATE \$ 3.25 | ESPRESSO \$2.75 / \$3.75 |

Chillin' like a Villain

- | | | |
|------------------------------------|-----------------------------------|-------------------|
| COLD BREW ICED TEA \$3.25 / \$3.75 | COLD BREW COFFEE \$3.95 / \$4.75 | ICED LATTE \$3.95 |
| ICED AMERICANO \$ 3.75 | HOMEMADE LEMONADE \$3.25 / \$3.75 | WATER \$ 1.50 |

NEW

BUBBLE TEA \$4.50 / \$5.00

Black Milk, Honeydew, Taro, Vanilla, Blueberry, Strawberry, PassionFruit, Caramel, Lavender, Lychee
Which one is your Bubble? Popping or Tapioca?