

235 Rock Road Glen Rock, NJ 07452
201-444-4445
www.merveskb.com
Text your order to 201-639-1770



Tuesday - Friday 7:00 am - 6:00 pm
Saturday - Sunday 8:00 am - 3:00 pm
Monday: Closed

Breakfast Sandwiches / Wraps

✓ BUTTERED ROLL \$ 2.45

✓ TOASTED ROLL WITH CREAM CHEESE \$ 3.25

✓ TOASTED ROLL W/ CREAM CHEESE & TOMATO \$ 3.75

✓ EGG & CHEESE ON A ROLL / WRAP \$ 4.25

✓ EGG AND CHEESE WITH BREAKFAST MEAT \$5.25
Bacon, Turkey Bacon, Ham or Sausage

✓ BEEF SAUSAGE, EGG AND CHEESE ON A ROLL \$6.25

✓ ONION, PEPPER, EGG & CHEESE ON ROLL / WRAP \$ 4.75

✓ EGG WHITES AND AVOCADO ON WHOLE WHEAT TOAST \$ 6.25

✓ SPINACH, MUSHROOM, TOMATO & EGG WHITES ON A WRAP \$6.25

✓ CREAM CHEESE, AVOCADO AND "EVERYTHING BUT BAGEL"
SEASONING ON WHOLE WHEAT TOAST \$6.25

Fresh Out of Oven

BOUREK \$ 4.25
Pies with Seasoned Beef or Feta and Spinach

✓ APPLE TURNOVER \$ 2.75

Simit

✓ PLAIN SIMIT \$ 3.00

✓ SIMIT WITH CREAM CHEESE \$3.95

✓ SIMIT WITH FETA CHEESE AND TOMATO \$4.25

✓ SIMIT WITH BEEF SAUSAGE AND MOZZARELLA \$6.75

Croissants

✓ CHOCOLATE CROISSANT \$ 2.75

✓ PLAIN BUTTER CROISSANT \$ 2.75

✓ EGG & CHEESE ON A CROISSANT \$ 5.25

✓ EGG & CHEESE WITH BREAKFAST MEAT ON A CROISSANT \$ 6.25
Bacon, Turkey Bacon, Ham or Sausage

✓ ONION, PEPPER, EGG & CHEESE ON CROISSANT \$ 5.75

✓ BEEF SAUSAGE, EGG AND CHEESE ON A CROISSANT \$7.25

✓ WARM OATMEAL \$ 5.75
Oatmeal, banana, cinnamon with skim milk

✓ FRENCH TOAST \$8.95
Add \$1 for banana

Break a Few Eggs

✓ GOOD MORNING SUNSHINE \$ 6.95

Two Scrambled or Sunny side up eggs with whole wheat toast,
butter, homemade jam and home fries

Omelettes

* 3 eggs, whole wheat toast, butter, homemade jam and
home fries *

✓ THE PLAIN \$ 7.25
Good, old, plain omelette

✓ MERVE'S OMELETTE \$7.95
Red Pepper, Corn and Feta Cheese

✓ THE MEDITERRANEAN \$ 7.95
Feta Cheese, Tomato, Green Peppers

✓ THE CHEESY \$ 7.95
Mozarella, Feta, Cheddar

✓ THE DELICIOSO \$ 7.95
Potato, Onion, Pepper

✓ THE POPEYE \$ 7.95
Spinach and Mozzarella

THE SEUSS \$ 7.95
Ham and Cheese

✓ THE BALBOA OMELETTE \$ 9.75
Beef Sausage and Melted Mozzarella

✓ THE SNOW WHITE \$ 9.75
Egg whites, mushroom, mozzarella

FIT OMELETTE \$9.75
Egg Whites, Turkey Bacon and Red Peppers

Shakshuka

SHAKSHUKA IN A PAN \$8.95
Sunny side up or scrambled eggs in our homemade tomato stew
with onions and peppers, served with toasted bread

SHAKSHUKA WITH FETA \$9.25

SHAKSHUKA WITH BEEF SAUSAGE \$9.75

Pancakes

✓ STACKED PANCAKES \$ 8.95
Tower of four pancakes with maple syrup and butter

✓ PANCAKE WITH SPRINKLES \$9.95

✓ CHOCOLATE CHIP PANCAKES \$ 9.95

✓ APRICOT AND FIG PANCAKE \$ 9.95

THE NEWYORKER \$ 10.95
2 pancakes, 2 scrambled eggs and 3 pieces of bacon, turkey
bacon, ham or sausage

Republic of Grilled Cheese

- 🍷 GRILLED CHEESE \$ 4.25
- 🍷 GRILLED CHEESE W / TOMATO \$ 4.75
- 🍷 LIGHT WEIGHT TOAST \$ 5.25
Feta cheese, tomato, oregano & olive oil drizzle
- 3 CHEESE GRILLED CHEESE \$6.25
- 🍷 CAPRESE GRILLED CHEESE \$ 6.25
Fresh Mozzarella / Tomato / Basil
- HALLOUMI GRILLED CHEESE \$6.95
- HAM AND GRILLED CHEESE \$ 6.95
- TURKEY BACON & AVOCADO GRILLED CHEESE \$ 7.25

Quinoa Bowls

- 🍷🍷 MEDITERRANEAN QUINOA BOWL \$ 10.75
Quinoa, babaganush, roasted red peppers, hummus, corn, falafel
- 🍷🍷 VEGETERIAN QUINOA BOWL \$ 10.75
Quinoa, grilled peppers, zucchini, mushrooms, chickpeas, avocado with shredded mozzarella
- 🍷 CHICK'S QUINOA BOWL \$ 10.75
Quinoa, grilled chicken, spinach, corn, grilled veggies
- GYRO QUINOA BOWL \$ 10.75
Quinoa, gyro, tomatoes, cucumber, lettuce, tzatziki
- 🍷🍷 BREAKFAST FOREVER QUINOA BOWL \$ 10.75
Quinoa, two eggs, tomatoes, spinach, roasted peppers, avocado
- 🍷 TUNA SALAD QUINOA BOWL \$ 10.75
Tuna, quinoa, corn, tomato, avocado, lettuce

HOME-MADE EMPANADAS: BEEF, CHICKEN OR PIZZA
\$3.50 Each Or 3 for \$10
Sauces: Chimichurri, Pink Sauce Or Extra Spicy Red Sauce

Sandwiches

* All sandwiches are served with Kaiser Roll, Pita or Wrap with chips and pickle *

- CLASSIC TUNA SANDWICH \$ 6.25
Classic deliciousness with lettuce, tomato, mayo, salt and pepper on a roll! Add extras like avocado, bacon, etc.. Just sayin' :)
- BLT ON A ROLL \$ 6.25
Bacon or turkey bacon, lettuce, tomato on a roll. Plain and simple, yet delicious.
- 🍷 AVOCADO LOVE \$ 8.95
Avocado, spinach, tomato, fresh mozzarella, basil vinaigrette
- 🍷 FALAFEL SANDWICH \$ 8.95
Falafel, lettuce, tomato, basil, sun dried tomato, hummus, tahini and tzatziki dressing
- CHEESY CHICKEN SANDWICH \$ 8.95
Grilled chicken (dark meat - just because it tastes better) with melted cheese, lettuce, tomato
- 🍷 HUMMUS WRAP \$8.95
Hummus, avocado, fresh mozzarella and tomato in a wrap
- 🍷 GRILLED VEGGIE SANDWICH \$ 8.95
Fresh grilled veggies with babaganush spread, lettuce, tomato
- GYRO SANDWICH \$ 9.25
Gyro with lettuce, tomato and tzatziki
- CHICKEN CAESAR WRAP \$8.95

Salads

- 🍷🍷 MEDITERRANEAN SALAD \$ 9.75
Feta cheese, tomato, cucumber, pepper, basil, roasted red peppers, oregano. Olive oil & balsamic
- 🍷🍷 FALAFEL SALAD \$ 9.75
Tomato, sun dried tomato, basil, Gluten Free falafels, hummus. Tahini & tzatziki
- 🍷 "CHICK FROM THE SOUTHWEST" \$ 9.75
Grilled chicken (dark meat - 'cause it tastes better), avocado, corn, black beans, shredded cheddar. Mustard-lemon dressing.
- 🍷🍷 HALLOUMI SALAD \$ 9.75
Grilled halloumi cheese, tomatoes, sun dried tomatoes, dried figs & apricots. Olive oil & balsamic
- 🍷🍷 "SUPER" SALAD \$ 9.75
Avocado, quinoa, corn, tomatoes, chickpeas, shredded mozzarella, pesto vinaigrette
- 🍷🍷 WINTER SALAD \$9.75
Romaine, Spinach, Quinoa, Cranberries, Apples and Feta with Olive Oil & Balsamic
- 🍷🍷 CEASAR SALAD \$ 6.75
Romaine lettuce garnished with homemade croutons, shredded parmesan cheese and Caesar dressing *Add chicken for \$3.50

SOUP OF THE DAY \$ 4.95

Kiddos

- * Meal + Honest Kids juice *
- 🍷 ONE EGG AND A TOAST \$ 3.75
- 🍷 TWO PANCAKES \$ 4.95
- CHICKEN NUGGETS AND FRIES \$5.95
- PANCAKE AND SAUSAGE \$5.95
- 🍷 HOME-MADE MAC & CHEESE \$ 6.25

Heart Warmers

- TURKISH COFFEE \$2.50 / \$4.95
- CAPPUCINO \$3.25 / \$4.25
- CAFÉ LATTE \$3.25 / \$4.25
- FILTER COFFEE 12 OZ \$1.87 / \$1.00 R
- FILTER COFFEE 16 OZ \$2.25 / \$1.25 R
- SPECIALTY TEA \$2.25 / \$2.75
- MATCHA LATTE \$4.25 / \$5.25
- CARAMEL MACCHIATO \$ 3.95 / 4.95
- MOCHA \$3.95 / \$4.95
- AMERICANO \$3.25 / \$4.25
- HOT CHOCOLATE \$3.25 / \$4.25
- ESPRESSO \$2.75 / \$3.75

Ice Cold

- COLD BREW ICED TEA \$3.25 / \$3.75
- COLD BREW COFFEE \$3.95 / \$4.75
- ICED LATTE \$3.95
- BUBBLE TEA \$4.50 / \$5.50
- HOMEMADE LEMONADE \$3.25 / \$3.75
- WATER \$ 1.50